



# Australian Powerlifting Union Ltd

ACN 623702812

## Minutes of annual general meeting

**Time:** 16:00 AEDT / 15:00 AEST/ 13:00 AWST  
**Date:** Saturday, 14 November 2020  
**Place:** Virtual Meeting - ZOOM  
**Attendees:** Please see attached file (in Supplementary Document)

### **Agenda item 1: Opening of Meeting – Presidents Address**

**Moved/presented by:** Sean Muir

#### **1.1 Welcome & introduction**

##### **Chair**

Sean Muir was confirmed as chair for the meeting.

##### **APU Vision and Mission**

###### **Vision**

APU is recognized as the IPF approve affiliate whose purpose is to promote, drive and grow drug free powerlifting in Australia and internationally.

###### **Mission**

Promote and instill transparency, integrity and fairness in a drug free powerlifting community.

APU Vision and Mission are still valid as per APU Strategic Meeting on 27 July 2019 in Sydney.

### 1.2 APU Board, Executive Committee & Non-EC

APU Board and Executive Committee	
President/ CEO	: Sean Muir
Vice President/ COO	: Scott Peisley
Vice President/ Event Director	: Ray Owen – Resigned as Director on 27 Sept 2020
	: Colin Webb – Replacement Director
Treasurer/ CFO	: Lin Donevska
Secretary General & Program Director	: Max Bristow

APU Non Executive Committee		
Competition Manager	: Rachel Jones	
Technical Chair	: David Vaughan	New Position starting Q1 2020
Anti-Doping Manager	: Sean Muir – INTERIM	
Team Manager	: Adelaide Chang and Bill Koppe	Tyo M (Departed)
Record Keeper	: Evan McCloy	
Memberships Manager	: Sectio (Tyo Muir)	
Competition Coordinator	: Mark Hambling	
Webmaster	: Sectio (Tyo Muir)	
Creative Designer	: Vacant	
Social Media	: Kelly Wanray	
Member Protection Information Officer	: Hidemi Shishido	

### 1.3 Review of actions from 2019 AGM

- APU Coaching Clinic
  - Finished the draft of Coaching Course Manual
  - Developing The structure of course deliverance
  - Final Target to deliver the course is within Q1 2021
  
- Youth Program
  - APU introduced Youth Membership with 0 fee.
  - The 1st pioneer project will be Indooroopilly State High School, QLD.
  - 1st of Feb 2021, APU will commence the eight week program.
  - Target to implement the program nationwide is within Q4 2021

- Engage with Sports AUS
  - Maintaining constant communication and feedback
  - 2020 Focus on Return to Sport during Covid-19
  - APU implemented Covid-19 Safety Plan based on Sport AUS framework
  - Follow up qualifying for recognition in Jan 2021
  
- OCT testing
  - APU and SIA (previously ASADA) will build the solid plan to start OCT testing
  - APU and SIA encourage all APU Member to accomplish Anti-Doping Course
  
- Full implementation of Sports Management Software
  - Still sourcing the capable and affordable company (to integrate Membership system and Competition registration)
  - First Trial with Software will be in Jan 2021

## **Agenda item 2: Confirmation of delegates/voting rights**

**Moved/presented by:** Sean Muir

The Chair confirmed:

24. A Member is entitled to one vote at a General Meeting of the Company.

25. However, the Board may suspend a member's entitlement to vote if the Member owes the Company any amount that is more than 3 months overdue (or such other period as the Board determines).

All members presented entitled to vote.

## **Agenda item 3: Update on 2020 Nationals and State meeting**

**Moved/presented by:** Sean Muir

### ***3.1 APU National Championships:***

**2018:**

- National Equipped Powerlifting and Bench Press, 15 July 2018  
28 entries
- 1st Australian Classic Powerlifting and Bench Press Championships – 26 to 28 October 2018  
140 entries

**2019:**

- The 2nd APU Equipped Nationals, 21 July 2019  
19 entries
- 2019 Australian Classic Bench Press Championships, 17 August 2019  
22 entries
- 2nd APU Australian Classic Powerlifting Championships, 7-10 November 2019  
180 entries (limited)

**2020:**

- The 3rd APU Equipped Nationals, 20 June 2020  
**Cancelled**
- 3rd APU Australian Classic Powerlifting Championships, 23-25 October 2020  
**Cancelled**

**3.2 APU State Branches:**

APU currently has five State Branches.

- 1) APU New South Wales → State Manager Pat Whymark (*Angela Whymark Departed*)
- 2) APU Queensland → State Manager Lachlan Green & Abe Walton (*Colin Webb Departed*)
- 3) APU Western Australia → State Manager Jacob Sofianos (*Paul Rucci Departed*)
- 4) APU Australian Capital Territory → State Manager Alistair Buttimore
- 5) APU Victoria → State Manager Nathan Tannis (*Andrew MacGregor Departed*)

**Agenda item 4: Annual Report**

**Moved/presented by:** Sean Muir

**November 2019**

- The 2019 International Powerlifting Federations (IPF) General Assembly vote in favour of the inclusion of Australian Powerlifting Union as a Full Member\* of the IPF.
- The APU formed State Working Committee that will provide support directly to APU for state issues.

**December 2019**

- The APU officially implemented 2 regulations in order to develop State and National account;  
APU Regulations\_Compensation and Championship  
APU Regulations\_Venue and Meet Director Requirements

### **January - Feb 2020**

- Visit and arrange state meeting with APU VIC, APU ACT, APU NSW committee.

### **March 2020**

- Officially announced 28 days cut off period for competition entries. And change of weight class are acceptable under the following timelines:  
Local/Club Championships = 7 days,  
State Championships = 14 days,  
National Champs = 21 days
- Announced ALL APU sanctioned competitions until 31 May 2020 will be postponed due to Covid-19.

### **April 2020**

- The APU decided that all current members from 1 March 2020 will be credited 6 months extension to their membership consider COVID-19 situation.
- For trial membership as at 1 March, trial member can nominate which period they would like it reactivated.

### **May 2020**

- APU Judgement Day program during Covid-19 lockdown.

### **June 2020**

- APU board has decided to remove any signs, labels or promotions of Metal from all APU Sanctioned competitions –effective immediately.
- The trade name “METAL” (referring to Metal Powerlifting Apparel) or any of its recognised brand shall be entirely covered to the chief referee’s satisfaction at any APU sanctioned competition and during the entirety of the competition.
- APU NSW cancelled the 2020 APU NSW State Championships.

### **July 2020**

- The establishment of Sport Integrity Australia (SIA) which replace the Australian Sports Anti-Doping Authority (ASADA) as the National Anti-Doping Organisation (NADO) in Australia from 1 July 2020.
- APU introduced Covid-19 Safety Plan
- The Australian Powerlifting Union has been accepted as a provisional member of the Asian Powerlifting Federation (APF) starting at 1st January 2021

## August 2020

- The APU board decided to cancel 2020 APU AUSTRALIAN CLASSIC POWERLIFTING CHAMPIONSHIPS.
- The APU is launching a Club Affiliation Program

## Sept-Oct 2020

- The APU EGM (No Quorum) and Adjourned EGM passed the following special resolutions (i.e. Alteration of clauses in APU Constitution):

*51. For any business to be transacted at any General Meeting — except the adjournment of the meeting — a quorum must be present. The quorum for a General Meeting is ~~20% of the Membership~~, **25 members** present in person or by Representative, proxy or attorney.*

*81. Each elected Director will hold office:*

*81.1 ~~from the end of the Annual General Meeting at which they were elected; Immediately following the Annual General Meeting at which they were elected (AGM election);~~*

*81.2 ~~until the end of the following Annual General Meeting — at that time, they must retire (but they are eligible for re-election)~~ **For four consecutive years until the Annual General Meeting (AGM election) — at that time, they must retire (but they are eligible for re-election).***

*84. At the first meeting of the Board after the Annual General Meeting, the Directors will elect from among their number a Chair, a Deputy Chair, a Secretary and a Treasurer (one Director may fill more than one position). Each of them will hold office ~~until the end of the next Annual General Meeting~~ **for four consecutive years until the Annual General Meeting (AGM election) — at that time, they must retire (but they are eligible for re-election).***

**Agenda item 5: Treasurer Report****Moved/presented by:** Lin Donevska

APU started the year positively, however with COVID-19, it made a loss for the financial year end 30 June 2020. The following provides a summary:

**Overall**

<b>Item</b>	<b>Commentary</b>
Gross Profit	Decrease of 54% (primarily due to cancellation of competitions)
Gross Expenses	Decrease of 9%
Net Profit	A decrease of 78% (due to cancelled competitions, however still had expenses to cover from the first 6 months competitions)

**Breakdown of financials****A. Income**

<b>Item</b>	<b>Commentary</b>
Competition Fees Income	Decrease of 58% (due to COVID)
Memberships	Increase of 22% (however had a 49% increase from 2018 to 2019)

**Breakdown of financials****A. Expenses**

The following highlights the high value expenses

<b>Item</b>	<b>Commentary</b>
Entry Fee	\$27.6K, Increase of 53%
Equipment Purchase	\$3K, Increase of 49%
Governance	\$1K, Spent money to ensure governance set up
Insurances	\$2.9K, Increase of 53%
Legal Fees	\$11K, Increase of 55% - re: ORPF V APU
Staff Travel	\$2K, Increase of 84%, due to meetings held with the States
Telephone	\$0.5K, Increase of 88%, due to holding more teleconferences
Travel Expenses – National	\$6.5K, Increase of 63% (AGM held in Perth)

Please see attached file (in Supplementary Document) for Cash Summary Report.

**Agenda item 5.1: Treasurer Report – APU State Branch Account**

**Moved/presented by:** Moved by Lin Donevska, Presented by Sean Muir

Date	Details	Debit	Credit	Notes
30-Aug-20	2020 APU ACT STATE CHAMPIONSHIPS	-291.9		\$1290 ENTRY FEE REVENUE - (\$1520 TOTAL EXPENSES + \$61.9 REIMBURSEMENT MD)
	<b>APU ACT BALANCE</b>	<b>-291.9</b>	<b>0</b>	
Date	Details	Debit	Credit	Notes
23-Mar-20	2020 BRISTOW OPEN		857.5	
19-Aug-20	KATIE JURINIC's REIMBURSEMENT FOR COVID-19 HYGIENE AND CLEANING EQUIPMENT EX			
	WINTER STRENGTH SHOWDOWN	250.04		
11-Oct-20	DONATION FROM PAT WHYMARK & LUKE PRICE - 2020 CCB OPEN MD PORTION		361	
	<b>APU NSW BALANCE</b>		<b>968.46</b>	
Date	Details	Debit	Credit	Notes
7-Sep-20	2020 APU QLD STATE CHAMPIONSHIPS		598.58	\$5495 ENTRY FEE REVENUE - (\$4732.5 TOTAL EXPENSES + \$163.92 REIMBURSEMENT MD)
	<b>APU QLD BALANCE</b>	<b>0</b>	<b>598.58</b>	
Date	Details	Debit	Credit	Notes
10-Oct-20	2020 APU WA STATE CHAMPIONSHIPS		472.5	\$2945 ENTRY FEE REVENUE - (\$2472.5 TOTAL EXPENSES)
	<b>APU WA BALANCE</b>	<b>0</b>	<b>472.5</b>	
Date	Details	Debit	Credit	Notes
	APU VIC			
	<b>APU VIC BALANCE</b>	<b>0</b>	<b>0</b>	

**Agenda item 6: Re-election of Current Board**

**Moved/presented by:** Sean Muir

**Nominations**

The chair advised that the following people were nominated:

- Sean Muir
- Scott Peisley
- Colin Webb
- Lin Donevska
- Max Bristow

**Result**

APU members unanimously voted Yes that the following people were elected for period 2020-2024:

- Sean Muir
- Scott Peisley
- Colin Webb
- Lin Donevska
- Max Bristow



## **Agenda item 7: Update**

**Moved/presented by:** Sean Muir

### **7.1 APU & IPF Recognition**

IPF General Assembly in Dubai on 17 November 2019 granted full membership to APU.

### **7.2 APU & ASADA**

Australian Powerlifting Union Ltd. Anti-Doping Policy has been amended and is effective 10 August 2020.

The changes bring our sport in line with the establishment of Sport Integrity Australia which will replace the Australian Sports Anti-Doping Authority (ASADA) as the National Anti-Doping Organisation (NADO) in Australia from 1 July 2020.

### **7.3 APU & APF**

The Australian Powerlifting Union has been accepted as a provisional member of the Asian Powerlifting Federation (APF) starting at 1st January 2021.

### **7.4 APU & Special Olympics**

APU will ensure its Special Athletes hold Valid membership of SO Australia.

Starting January 2021, The APU will reduce the membership fee of its Special Athletes (Who also the Member of SOA) to AUD 40 (instead of AUD 75)

## **Agenda item 8: Committee Update**

**Moved/presented by:** Sean Muir

### **APU ANTI-DOPING**

Please see attached file (in Supplementary Document).

### **APU RECORDS – Presented by Evan McCloy**

#### **Performance & Record Trends:**

- Despite less competitions and no nationals or NSW States, 83 records were established or broken throughout 2020, including the Equipped men's -93kg squat and total.
- One record is to be reverted (Classic Junior Men -93kg Squat)
- The category with fewest standards broken is for men's bench press (across all ages)
- 6 Women's open records yet to be established (ALL bench press have been set)
- 10 Men's open records yet to be established (and 5 of them are bench)

**Regarding the 2021 IPF Technical Rules:**

- Commencing 31 Dec 2020, all women's -72kg records will be frozen
- New record standards will be established for -69kg and -76kg. They will be achievable.

**From the Record Keeper:**

- With limited competitions, record keeper has been able to vet all competition results to find records
- This may only apply to state and national competitions in 2021
- I make typos, please check! If there's an error, please email [records@powerlifting-apu.com](mailto:records@powerlifting-apu.com)

*Evan McCloy*

*APU National Record Keeper*

[records@powerlifting-apu.com](mailto:records@powerlifting-apu.com)

**APU INVENTORIES**

- 4 Calibrated Competition Scales:
  - 1 in Brisbane - Sean Muir's storage
  - 1 in Canberra – RealFitt gym's storage
  - are still in Supplier's storage (National weighing Sydney)
- 1 complete Rogue weight plates – Panther's gym
- 3 ER Racks – Mark Hambling's storage
  - Allocated for APU ACT
  - Allocated for APU VIC
  - Allocated for APU WA

**Agenda item 9: Key Focus areas for 2020**

**Moved/presented by:** Sean Muir

- Full implementation of Coaching Clinic
- Wider publication and participation of Youth Program
- Maintain communication with Sports AUS, SOA, COMMONWEALTH
- 32 Anti-Doping Test (ICT & OCT)
- Full implementation of Sports Management Software
- Effectively Run APU South Australia

**Agenda item 10: Any other business**

**Moved/presented by:** Sean Muir

## ORPF v APU

### Highlight:

The ORPF taking direct legal proceedings against the APU re. 2018 ORPF Championships financial matter.

### Claims:

APU (The Defendant) owes ORPF (Plaintiff):

- AUD 12,000 – for refundable float to assist with the up-front expenses of the 2018 ORPF Championships.
- AUD 843.33 – Profit of the Championships
- AUD 2754 – Equipment (Signage and Black Partition)
- AUD 903 – Master of Ceremony (Ms. Robertson) flight ticket to Gold Coast
- AUD 4171.19 – Insurance Premium (AON)

### APU Response:

APU denied and or didn't admit all the claims in Statement of claims.

APU was helping ORPF to run for organizing the championships on short notice and the ORPF for failing to provide a contract (no agreement between ORPF & APU).

It's all done with good intention from APU to help ORPF for 2018 Championships. Hence several weeks after, the ORPF received recognition from the Pacific Games Committee to run 2019 Pacific games powerlifting.

This Direct legal proceedings taken by ORPF **contravenes the IPF Constitution.**

The proper procedure for dealing with complaints is through the IPF Court of Justice and then the Court of Arbitration for Sport if there is an appeal from the Court of Justice decision.

### Latest status in 2019 AGM:

This matter is listed for Review on 20 January 2020 10:00 AM before the Local Court Civil at Wollongong

This matter is listed for Hearing on 24 February 2020 9:30 AM before the Local Court Civil at Wollongong

### Latest status in 2020 AGM:

ORPF and APU settled the legal case. ORPF paid APU AUD 2500.

## **APU v ORPF**

### **Highlight:**

The APU lodged a complaint to the IPF Court of Justice challenging the validity of the 2019 ORPF AGM.

### **Claims:**

APU requested that:

- The ORPF GA meeting in July 2019 in Samoa must be invalidated due to insufficient notice of the GA, and failing to follow its own constitution puts the ORPF members at risk of legal action for breaching its Constitution.
- The member nations had not paid the annual National Affiliation fee of \$AUD 300 prior to the AGM and all votes from those member nations are invalid.

### **COJ Judgement:**

- a) Whilst we (read COJ) agree with the APU's assertion that the General Assembly 16/7/19 was not called in accordance with the ORPF Constitution and the voting was not in accordance with the ORPF Constitution, it is not clear what benefit there would be in voiding all the decisions taken there.
- b) Furthermore, as mentioned above (read COJ letter), no objections were raised at the meeting as to its legitimacy.
- c) The minutes of the meeting show that voting rights were discussed and those entitled to vote agreed.
- d) The ORPF is still in a formative stage and it is important that there is some measure of stability until the issues in contention can be addressed.
- e) It is not the job of the IPF Court of Justice to interfere in the running of a region if IPF rules have not been broken.
- f) We (read COJ) suggest that either the APU waits for the next scheduled General Assembly or convenes a Special Meeting as per ORPF Constitution 7.3.2 to remedy their concerns.
- g) The case is therefore dismissed.

### **Latest status in 2019 AGM:**

APU requesting Appeal procedure details to IPF

### **Latest status in 2020 AGM:**

APU withdrawn the appeal.

And lodgement fee to COJ, EUR 500, has been refunded to APU account.

## APU Affiliate Gym and Club

### Highlight:

To strengthen our development and our application for recognition of Sport Australia, we have updated the APU affiliate program (point 6 of 2019-23 NSO/NSOD Recognition Criteria) to support and grow our APU through the assistance of the community and clubs.

### 2019-23 NSO/NSOD Recognition Criteria

6. “The organisation can demonstrate it has a national influence for the sport through active members or affiliate bodies working in cohesion and adhere to a strategic direction set by the national entity.

Benefits for the APU club affiliates will be:

- The APU will state on the Website that the Affiliate Club is an affiliate club to the APU.
- The APU will state on its social media pages that Website that the Affiliate Club is an affiliate club to the APU.
- The APU will permit the Affiliate Club to enter a team in the APU’s state championship.
- The Affiliate Club must still pay the required entry fee for each competitor.
- Banners advertising the APU to be displayed at the Affiliate Club’s premises.
- Signage advertising the APU to be displayed at the Affiliate Club’s premises.

Current Affiliate Gym and Club:

1. RealFITT Strength and Conditioning
2. Alpha Athletes
3. Power to Empower
4. Adonis Athletics Campbelltown
5. Panther's Powerlifting
6. PTC South Melbourne
7. Below Parallel Barbell Club
8. Courtney Miller Strength & Fitness

**Agenda item 11: Meeting close**